

Safety Moment: Speeding *Food for Thought*

1. Do you often feel stressed?
2. Do you always feel rushed/pressed for time?
3. Do you drive in the fast lane?
4. Do you tailgate?
5. Have you ever gotten a speeding ticket or a warning from police?
6. Do passengers comment on your speed?
7. Have you ever had to swerve or hit the brakes to avoid a collision? Had a “Close Call?”
8. Do you consider yourself a “Type A” Personality?
9. Do you drive on auto-pilot and miss speed limit transitions/changes?



Take time weekly to review your data in the Samsara App!
Remember: Speeding gets you nowhere fast!